**Lentil, carrot & ham salad**

Serves 2

* 250g ham, shredded
* 400g can lentil, drained
* 2 carrots, finely diced
* 4 celery sticks, finely diced
* handful parsley, finely chopped

**For the dressing**

* 2 tbsp olive oil
* 2 tbsp red wine vinegar
* 1 tsp wholegrain mustard

1. Combine the salad ingredients in a large mixing bowl.
2. To make the dressing, whisk together the ingredients with 1 tbsp water and some seasoning.
3. Pour the dressing over the salad and stir well to combine.